

SUN	MON	TUE	WED	THUR	FRI	SAT
Nonna's Friends & Family Feast 12/8 @4:45pm	10:15 Chair Exercise (Gym) 11:00 Brain Games (Who,What,Where) (G.R.) 1:30 Coloring and crossword corner (P.D.R.) 2:30 New Resident Orientation (D.R.) 3:30 Mixed Drinks Monday (D.R.) 6:00 Hot Chocolate Resident Social (Lobby)	10:10 Video Chair Exercise (Theater) 10:15 Water Aerobics (Pool) 11:00 Trivia Tuesdays (G.R.) 2:00 Roll-A-Snowman (Dice Game) (G.R.) 3:30 Bingo (D.R.) 4:45 Dinner Outing (Lobby) 6:00 Card Game Resident Meet-up (G.R.)	10:15 Chair Exercise (Gym) 11:00 Brain Games (G.R.) 11:45 Mini Meditation (G.R.) 1:00 Online Shopping (D.R.) 1:30 Gingerbread Decorating (3 Floor Country Kitchen) 3:30 Birthday Bash (D.R.) 6:00 Watch party Wednesday Christmas Movie Edition: Home Alone (Theater)	10:15 Chair Exercise (Gym) 10:45 Meditation (Gym) 11:00 Brain Games (G.R.) 12:45 Publix (Lobby) 1:30 Get your word on: Scrabble (G.R.) 3:30 Bingo (D.R.) 6:15 Downton Abbey Series Premiere (Theater)	10:10 Video Chair Exercise (Theater) 10:15 Water Aerobics (Pool) 11:00 Friday Brain Flex (G.R.) 1:30 Art and Crafts (G.R.) 2:30 Mahjong Meet-up (G.R.) 3:30 Happy Hour (D.R.) 6:00 I Need It (Dice Game) (Resident meet-up) (D.R.)	10:15 Chair Exercise (Gym) 11:00 Brain Games (G.R.) 1:30 BINGO (D.R.) 2:45 Classic Movie Saturday (Theater)
9:30 Catholic TV Mass (Theater) 10:00 Sunday Morning Church Service(Saint Andrews) (Lobby) 10:30 Chair Exercise (Gym) 11:00 Brain Games (G.R.) 1:15 Wii Bowling (G.R.) 2:30 Sunday Movie (Theater)	10:30 Zumba Exercise Class (D.R.) 11:00 Brain Games (Who,What,Where) (G.R.) 1:30 Coloring and crossword corner (P.D.R.) 2:00 Food Committee: Italian Cooking Class (3rd Floor) 3:30 Nonna's Cocktail Hour (D.R.) 5:00 Nonna's Italian Feast (D.R.) 6:15 Nonna's Movie Premiere (Theater)	10:10 Video Chair Exercise (Theater) 10:15 Water Aerobics (Pool) 11:00 Trivia Tuesdays (G.R.) 1:00 Macy's Holiday Shopping (Lobby) 2:00 Puzzles Meet-Up (3rd Floor) 3:30 Bingo (D.R.) 6:30 Coastal life Children's Christmas Carolers (Poolside)	10:15 Chair Exercise (Gym) 11:00 Brain Games (G.R.) 11:45 Mini Meditation (G.R.) 1:00 Online Shopping (D.R.) 1:30 Make your own lotion and scrub class (G.R.) 3:30 Wine Down Wednesday (Poolside) 6:00 Watch party Wednesday Christmas Movie Edition: Four Christmases (Theater)	10:15 Stand and Be Fit with Dawn (D.R.) 10:45 Meditation (Gym) 11:00 Brain Games (G.R.) 12:45 Walmart Shopping (Lobby) 1:30 Get your word on: Scrabble (G.R.) 3:30 Bingo (D.R.) 6:15 Downton Abbey Series Premiere (Theater)	10:10 Video Chair Exercise (Theater) 10:15 Water Aerobics (Pool) 11:00 Friday Brain Flex (G.R.) 1:30 Art and Crafts (G.R.) 2:30 Mahjong Meet-up (G.R.) 3:30 Happy Hour (D.R.) 6:00 I Need It (Dice Game) (Resident meet-up) (D.R.)	10:15 Chair Exercise (Gym) 11:00 Brain Games (G.R.) 1:30 BINGO (D.R.) 2:45 Classic Movie Saturday (Theater)
9:30 Catholic TV Mass (Theater) 10:30 Chair Exercise (Gym) 11:00 Brain Games (G.R.) 1:15 Wii Bowling (G.R.) 2:30 Sunday Movie (Theater)	10:15 Chair Exercise (Gym) 11:00 Brain Games (Who,What,Where) (G.R.) 1:30 Coloring and crossword corner (P.D.R.) 1:30 Hearing Seminar with Complementary hearing aide cleanings (D.R.) 2:30 Celebration Meeting (D.R.) 3:30 Mixed Drinks Monday (D.R.) 6:00 Hot Chocolate Resident Social (Lobby)	10:10 Video Chair Exercise (Theater) 10:15 Water Aerobics (Pool) 11:00 Trivia Tuesdays (G.R.) 11:45 Lunch out on the Town (Lobby) 2:00 Puzzles Meet-Up (3rd Floor) 3:30 Bingo (D.R.) 6:30 Christmas Bingo with the Children's Choir (D.R.)	10:15 Chair Exercise (Gym) 11:00 Brain Games (G.R.) 11:45 Mini Meditation (G.R.) 1:00 Online Shopping (D.R.) 1:30 Christmas Dessert Frenzy (P.D.R.) 2:30 Christmas Character Match-up (P.D.R.) 3:30 Wine Down Wednesday (Poolside) 6:00 Watch party Wednesday Christmas Movie Edition: National Lampoons Christmas Vacation (Theater)	10:15 Chair Exercise (Gym) 10:45 Meditation (Gym) 11:00 Brain Games (G.R.) 12:45 Publix (Lobby) 1:30 Get your word on: Scrabble (G.R.) 3:30 Bingo (D.R.) 6:00 Friends and Family Christmas Sleigh Rides (front porch) 6:15 Downton Abbey Series Premiere (Theater)	10:10 Video Chair Exercise (Theater) 10:15 Water Aerobics (Pool) 11:00 Friday Brain Flex (G.R.) 1:30 Art and Crafts (G.R.) 2:30 Mahjong Meet-up (G.R.) 3:30 Happy Hour (D.R.) 6:00 I Need It (Dice Game) (Resident meet-up) (D.R.)	10:15 Chair Exercise (Gym) 11:00 Brain Games (G.R.) 1:30 BINGO (D.R.) 2:45 Classic Movie Saturday (Theater)
9:30 Catholic TV Mass (Theater) 10:30 Chair Exercise (Gym) 11:00 Brain Games (G.R.) 1:15 Wii Bowling (G.R.) 2:30 Sunday Movie (Theater)	10:30 Zumba Exercise Class (D.R.) 11:00 Brain Games (Who,What,Where) (G.R.) 1:30 Christmas Sing-along with the Sunshine Squad (D.R.) 2:30 Resident Council Town Hall (D.R.) 3:30 Mixed Drinks Monday (D.R.) 6:00 Hot Chocolate Resident Social (Lobby)	10:10 Video Chair Exercise (Theater) 10:15 Water Aerobics (Pool) 11:00 Trivia Tuesdays (G.R.) 12:45 Walmart Shopping (Lobby) 1:30 Coloring and crossword corner (P.D.R.) 3:30 Bingo (D.R.) 6:00 Card Game Resident Meet-up (G.R.)	10:15 Chair Exercise (Gym) 11:00 Brain Games (G.R.) 11:45 Mini Meditation (G.R.) 1:00 Online Shopping (D.R.) 1:30 Reindeer Races (Poolside) 2:30 Secret Santa gift Swap (D.R.) 3:30 Wine Down Wednesday (Poolside) 6:00 Watch party Wednesday Christmas Movie Edition: A Christmas Prince (Theater)	10:30 Chair Exercise (Gym) 10:45 Meditation (Gym) 11:00 Brain Games (G.R.) 11:45 Friends & Family Christmas Meal (D.R.) 2:00 Christmas Day Movie: A Christmas Prince 2 (Royal Wedding) 3:45 Christmas Coloring and Crossword Meet-up (P.D.R.) 6:15 A Christmas Story Showing with hot cocoa (Theater)	10:10 Video Chair Exercise (Theater) 10:15 Water Aerobics (Pool) 11:00 Friday Brain Flex (G.R.) 1:30 Art and Crafts (G.R.) 2:30 Mahjong Meet-up (G.R.) 3:30 Happy Hour (D.R.) 6:00 I Need It (Dice Game) (Resident meet-up) (D.R.)	10:15 Chair Exercise (Gym) 11:00 Brain Games (G.R.) 1:30 BINGO (D.R.) 2:45 Classic Movie Saturday (Theater)
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December 2025

2625 SE Cove RD. Stuart Fl. 34997 772-266-2500 Assisted Living



Red= Big Events
 Blue= Special Holiday Activities
 Yellow=Outing
 Green= Guest Exercise Classes
 Pink= Big turn out evening activities