

SUN MON TUE WED THUR FRI SAT

<p>10:30 AM Church Services with Reverend Dr. Hylton M. Turner (T)</p> <p>1</p>	<p>9:30 AM Energizing Yoga (GF)</p> <p>2</p> <p>11:00 AM Tai Chi Exercise (GF)</p> <p>1:00 PM Resident Led Rosary (T)</p> <p>1:30 PM Pilates Fusion (GF)</p> <p>3:00 PM Bingo (L)</p>	<p>10:00 AM Hallway Exercise (GF)</p> <p>3</p> <p>10:00 AM Trivia Tuesday (CR)</p> <p>11:00 AM Body weight Balance and Core (GF)</p> <p>12:00 PM Ice Cream Social (B)</p> <p>1:00 PM Resident Led Rosary (T)</p> <p>1:30 PM Senior Strong (GF)</p> <p>2:15 PM Chair Volleyball (GF)</p> <p>3:00 PM "90 Proof" (L)</p> <p>6:30 PM Bridge</p> <p>6:30 PM Mexican Train Dominoes (L)</p>	<p>9:30 AM HUR Fitness (Gym)</p> <p>4</p> <p>9:30 AM Craft Time (CR)</p> <p>10:00 AM Declaration 1776: The Big Bang of Modern Democracy at JCCC</p> <p>11:00 AM Beginner Mobility Stretch Class (GF)</p> <p>1:00 PM Resident Led Rosary (T)</p> <p>1:30 PM Chair Yoga (GF)</p> <p>1:30 PM Bible Study (B)</p> <p>3:00 PM Bingo (L)</p> <p>4:00 PM Resident Led Happy Hour (L)</p>	<p>10:00 AM Catholic Mass (T)</p> <p>5</p> <p>10:00 AM Hallway Exercise (GF)</p> <p>10:30 AM Shopping at Walmart</p> <p>11:00 AM HUR Fitness (Gym)</p> <p>1:00 PM Resident Led Rosary (T)</p> <p>1:30 PM Body weight Balance and Core (GF)</p> <p>2:15 PM Chair Volleyball (GF)</p> <p>3:00 PM Bingo (L)</p> <p>6:30 PM Hand & Foot (L)</p>	<p>9:30 AM HUR Fitness (Gym)</p> <p>6</p> <p>11:00 AM Chair Yoga (GF)</p> <p>1:00 PM Resident Led Rosary (T)</p> <p>1:30 PM Beginner Balance Class (GF)</p> <p>3:00 PM Mix and Mingle (L)</p>	<p>1:00 PM Ladies Bible Study (L)</p> <p>7</p>
<p>Daylight Savings Time Begins</p> <p>8</p>	<p>9:30 AM Energizing Yoga (GF)</p> <p>9</p> <p>10:30 AM Shopping at Price Chopper</p> <p>11:00 AM Tai Chi Exercise (GF)</p> <p>1:00 PM Resident Led Rosary (T)</p> <p>1:30 PM Pilates Fusion (GF)</p> <p>2:00 PM Ladies Tea (L)</p> <p>3:00 PM Bingo (L)</p>	<p>10:00 AM Hallway Exercise (GF)</p> <p>10</p> <p>10:00 AM Trivia Tuesday (CR)</p> <p>11:00 AM Body weight Balance and Core (GF)</p> <p>11:00 AM Good Grief Support Group with Michelle from CCH (L)</p> <p>12:00 PM Ice Cream Social (B)</p> <p>1:00 PM Resident Led Rosary (T)</p> <p>1:30 PM Senior Strong (GF)</p> <p>2:15 PM Chair Volleyball (GF)</p> <p>6:30 PM Bridge</p> <p>6:30 PM Mexican Train Dominoes (L)</p>	<p>9:30 AM HUR Fitness (Gym)</p> <p>11</p> <p>9:30 AM Craft Time (CR)</p> <p>10:00 AM Lakeview Blood Pressure Clinic (L)</p> <p>11:00 AM Beginner Mobility Stretch Class (GF)</p> <p>1:00 PM Resident Led Rosary (T)</p> <p>1:30 PM Chair Yoga (GF)</p> <p>1:30 PM Bible Study (B)</p> <p>3:00 PM Bingo (L)</p> <p>4:00 PM Resident Led Happy Hour (L)</p>	<p>10:00 AM Catholic Word and Communion Service (T)</p> <p>12</p> <p>10:00 AM Hallway Exercise (GF)</p> <p>10:45 AM Juliet Luncheon - Ya Ya's Euro Bistro</p> <p>11:00 AM HUR Fitness (Gym)</p> <p>1:00 PM Resident Led Rosary (T)</p> <p>1:30 PM Body weight Balance and Core (GF)</p> <p>2:15 PM Chair Volleyball (GF)</p> <p>3:00 PM Bingo (L)</p> <p>6:30 PM Hand & Foot (L)</p>	<p>8:15 AM Podiatrist - Dr. Haith (T)</p> <p>13</p> <p>9:30 AM HUR Fitness (Gym)</p> <p>10:30 AM Shopping at Hobby Lobby</p> <p>11:00 AM Chair Yoga (GF)</p> <p>1:00 PM Resident Led Rosary (T)</p> <p>1:30 PM Beginner Balance Class (GF)</p> <p>3:00 PM Birthday Mix and Mingle (L)</p>	<p>1:00 PM Ladies Bible Study (L)</p> <p>14</p>
<p>15</p>	<p>9:30 AM Energizing Yoga (GF)</p> <p>16</p> <p>10:45 AM Mixed Luncheon - Pegah's Family Restaurant</p> <p>11:00 AM Tai Chi Exercise (GF)</p> <p>1:00 PM Resident Led Rosary (T)</p> <p>1:30 PM Pilates Fusion (GF)</p> <p>3:00 PM Bingo (L)</p>	<p>St. Patrick's Day</p> <p>17</p> <p>10:00 AM Hallway Exercise (GF)</p> <p>10:00 AM Trivia Tuesday (CR)</p> <p>11:00 AM Body weight Balance and Core (GF)</p> <p>12:00 PM Ice Cream Social (B)</p> <p>1:00 PM Resident Led Rosary (T)</p> <p>1:30 PM Senior Strong (GF)</p> <p>2:15 PM Chair Volleyball (GF)</p> <p>3:00 PM Men's Pub Club (B)</p> <p>6:30 PM Bridge</p> <p>6:30 PM Mexican Train Dominoes (L)</p>	<p>9:30 AM HUR Fitness (Gym)</p> <p>18</p> <p>9:30 AM Craft Time (CR)</p> <p>10:00 AM Presentation on Garden Myths & Resolutions and America's 250th year Freedom Tour by Don Crim (T)</p> <p>11:00 AM Beginner Mobility Stretch Class (GF)</p> <p>1:00 PM Resident Led Rosary (T)</p> <p>1:30 PM Chair Yoga (GF)</p> <p>1:30 PM Bible Study (B)</p> <p>3:00 PM Bingo (L)</p> <p>4:00 PM Resident Led Happy Hour (L)</p>	<p>Eid al-Fitr</p> <p>19</p> <p>9:30 AM Seamstress (L)</p> <p>10:00 AM Catholic Word and Communion Service (T)</p> <p>10:00 AM Hallway Exercise (GF)</p> <p>10:30 AM Shopping at Walmart</p> <p>11:00 AM HUR Fitness (Gym)</p> <p>1:00 PM Resident Led Rosary (T)</p> <p>1:00 PM Dining Meeting (B)</p> <p>1:30 PM Body weight Balance and Core (GF)</p> <p>2:15 PM Chair Volleyball (GF)</p> <p>3:00 PM Bingo (L)</p> <p>6:30 PM Hand & Foot (L)</p>	<p>9:30 AM HUR Fitness (Gym)</p> <p>20</p> <p>11:00 AM Chair Yoga (GF)</p> <p>1:00 PM Resident Led Rosary (T)</p> <p>1:00 PM Activities Meeting (L)</p> <p>1:30 PM Beginner Balance Class (GF)</p> <p>3:00 PM Mix and Mingle (L)</p>	<p>1:00 PM Ladies Bible Study (L)</p> <p>21</p> <p>3:00 PM Travelogue - (L)</p>
<p>22</p>	<p>9:30 AM Energizing Yoga (GF)</p> <p>23</p> <p>10:30 AM Shopping at Trader Joe's</p> <p>11:00 AM Tai Chi Exercise (GF)</p> <p>1:00 PM Resident Led Rosary (T)</p> <p>1:30 PM Pilates Fusion (GF)</p> <p>3:00 PM Bingo (L)</p>	<p>10:00 AM Hallway Exercise (GF)</p> <p>24</p> <p>10:00 AM Trivia Tuesday (CR)</p> <p>11:00 AM Body weight Balance and Core (GF)</p> <p>12:00 PM Ice Cream Social (B)</p> <p>1:00 PM Resident Led Rosary (T)</p> <p>1:30 PM Senior Strong (GF)</p> <p>2:15 PM Chair Volleyball (GF)</p> <p>3:00 PM Security Bank presentation on Fraud (L)</p> <p>6:30 PM Bridge</p> <p>6:30 PM Mexican Train Dominoes (L)</p>	<p>9:30 AM HUR Fitness (Gym)</p> <p>25</p> <p>9:30 AM Craft Time (CR)</p> <p>10:00 AM Lakeview Blood Pressure Clinic (L)</p> <p>11:00 AM Beginner Mobility Stretch Class (GF)</p> <p>12:00 PM Cookie Decorating with Wendy (L)</p> <p>1:00 PM Resident Led Rosary (T)</p> <p>1:30 PM Chair Yoga (GF)</p> <p>1:30 PM Bible Study (B)</p> <p>3:00 PM Bingo (L)</p> <p>4:00 PM Resident Led Happy Hour (L)</p>	<p>10:00 AM Catholic Word and Communion Service (T)</p> <p>26</p> <p>10:00 AM Hallway Exercise (GF)</p> <p>10:45 AM Romeo Luncheon - The Peanut</p> <p>11:00 AM HUR Fitness (Gym)</p> <p>1:00 PM Resident Led Rosary (T)</p> <p>1:30 PM Body weight Balance and Core (GF)</p> <p>2:15 PM Chair Volleyball (GF)</p> <p>3:00 PM Bingo (L)</p> <p>6:30 PM Hand & Foot (L)</p>	<p>9:30 AM HUR Fitness (Gym)</p> <p>27</p> <p>10:00 AM Pot a Plant with Kristen (L)</p> <p>11:00 AM Chair Yoga (GF)</p> <p>1:00 PM Resident Led Rosary (T)</p> <p>1:30 PM Beginner Balance Class (GF)</p> <p>3:00 PM Mix and Mingle (L)</p>	<p>1:00 PM Ladies Bible Study (L)</p> <p>28</p>
<p>Palm Sunday</p> <p>29</p>	<p>9:30 AM Energizing Yoga (GF)</p> <p>30</p> <p>10:00 AM Craft with Nancy from American Shaman (L)</p> <p>11:00 AM Decorating Easter Eggs w/ Beth (L)</p> <p>11:00 AM Tai Chi Exercise (GF)</p> <p>1:00 PM Resident Led Rosary (T)</p> <p>1:30 PM Pilates Fusion (GF)</p> <p>2:00 PM Town Hall Meeting (DR)</p> <p>3:00 PM Bingo (L)</p>	<p>10:00 AM Hallway Exercise (GF)</p> <p>31</p> <p>10:00 AM Trivia Tuesday (CR)</p> <p>11:00 AM Body weight Balance and Core (GF)</p> <p>12:00 PM Ice Cream Social (B)</p> <p>1:00 PM Resident Led Rosary (T)</p> <p>1:30 PM Senior Strong (GF)</p> <p>2:00 PM Shopping at Whole Foods</p> <p>2:15 PM Chair Volleyball (GF)</p> <p>6:30 PM Bridge</p> <p>6:30 PM Mexican Train Dominoes (L)</p>	<p>LOCATION KEY</p> <p>B - Bistro</p> <p>CR - Craft Room</p> <p>DR - Dining Room</p> <p>GF - Ground Floor</p> <p>L - Lounge</p>	<p>T - Theatre</p>	<p>MARCH BIRTHDAYS:</p> <p>7-Kathrine Crosson</p> <p>9-Tracy McVay</p> <p>16-Marjorie Patch</p> <p>24-Shirley Morgan</p> <p>29-Roger Cline</p> <p>29-Kenda Woodyard</p>	

March 2026

